

Dear parent,

As part of their personal, social, health and economic (PSHE) education lessons, Year 7 take part in a series of sex and relationship education (SRE) lessons. These focus mainly on explaining and preparing pupils for the physical and emotional changes associated with puberty. They also consider the changing nature of a range of relationships, including friendship, family relationships and intimate relationships.

The purpose of SRE at [name of school] is: to prepare pupils for the physical and emotional changes of growing up; to give them the knowledge and skills to make informed and healthy choices; to build their confidence and skills to deal with situations they may encounter; to help them to stay safe and know where and how to ask for help if needed. At times, carefully chosen external visitors and speakers may contribute to the programme. In these cases, lesson content will be agreed in advance and visitors will always be supervised by a member of school staff.

As part of this year's SRE, pupils will have a lesson which teaches about female genital mutilation (FGM). They will be taught that FGM is illegal in the UK and that it is also a criminal offence to take a UK citizen abroad for the purpose of FGM (whether or not it is lawful in the country the girl is taken to). This will be taught in an age-appropriate way in the context of knowing about bodily changes during puberty, being able to use the correct language, keeping safe and feeling confident to ask questions and discuss in a mature and appropriate way.

We believe that this will be an important addition to the Year 7 SRE programme. If you have concerns or would like to discuss the matter further, please make an appointment to meet with the Head [or other appropriate senior member of staff]

Dear parent,

As part of their personal, social, health and economic (PSHE) education lessons, Year 7 take part in a series of sex and relationship education (SRE) lessons. These focus mainly on explaining and preparing pupils for the physical and emotional changes associated with puberty.

Topics which will be covered include: the changing nature of friendship throughout puberty; relationships with parents and other adults and how the emotional changes during puberty may impact on these; the physical changes during puberty; as a background to this, the natural appearance of, and the appropriate terminology for the sexual parts of the body (including teaching about female genital mutilation (FGM)); ... [insert whatever else you teach in Y7 SRE here]

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We believe that the Year 7 SRE programme helps us to achieve these aims. If you have concerns or would like to discuss the matter further, please make an appointment to meet with the Head [or other appropriate senior member of staff]